

Customer Highlight

"The encouragement Kelly and the staff give us and no one judges you are a few of my favorite things about Elevate. Everyone is there for the same reason... to lead a healthier lifestyle and feel better about themselves.

My biggest accomplishment since starting at Elevate has been staying consistent and staying motivated as I am seeing the results in losing the weight and inches. As of now, I have lost a total of 21 pounds and 5".

If you don't start leading a healthier lifestyle now, when would you start? You will have so much more energy and will meet people along the way that will encourage and motivate you. I am so very grateful to be going to Elevate!"



Kathy
RUTSCHILLING
Coldwater, OH